
SANVT. Psychology

Assessment Information & Consent

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SANVT. Psychology, Palm Beach

SANVT. Psychology

Assessment Information & Consent Pack

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Please Note:

This document is designed to help you understand what's involved in an assessment and what to expect. It provides essential information about assessment pathways, packages and fees, and your rights as a client. It applies only if an assessment is planned. Please read it carefully and clarify questions prior to your first session via email to hello@sanvt.com.au or bring your questions to your first session.

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1. Assessment Process

Assessment fees are billed at \$270 per clinical hour (concession: \$230 per hour where applicable), with the total estimated hours and costs provided in writing before the assessment proceeds.

All assessment pathways begin with an intake session, which is billed as a standard therapy session (\$250 per hour) and is claimable under Medicare with a valid referral. This means the entry cost for exploring whether a formal assessment is right for you is a single therapy session, with a Medicare rebate of approximately \$145 where eligible.

Staged billing:

- After intake: An initial estimate (typically 50% of the package) is due before testing is scheduled. The deposit covers copyrighted test materials, questionnaire administrations, and clinical time completed to date, and is non-refundable once testing materials have been administered.
- The deposit covers copyrighted test materials, questionnaire administrations, and clinical time completed to date, and is non-refundable once testing materials have been administered. Payment plans for the remaining balance may be arranged by agreement.
- Before feedback: The remaining balance is invoiced, covering testing, scoring, and report writing.

Medicare rebates:

Apply only to intake and feedback appointments. Medicare does not offer rebates for testing sessions or report writing.

Private health funds:

Some may provide partial rebates. Please check your policy coverage with your private health fund.

What to expect: A staged assessment process

1. Intake & Planning: Clinical interview, eligibility/goal setting, determining the right assessment pathway.
2. Testing Sessions: In-person and/or telehealth; questionnaires, structured interviews, and (where included) cognitive/academic testing.
3. Scoring, Analysis & Report Writing: Clinician time outside sessions.
4. Feedback Session: Explaining results, recommendations, and next steps.

2. Assessment Pathways

SANVT. Psychology offers a range of assessment pathways to match your referral question, goals, and level of documentation required. All assessments begin with an intake session, during which your psychologist will recommend the most appropriate pathway for your needs.

Assessment pathways are not bookable online. All assessments are discussed and planned during the intake session.

Exploratory Pathways (Self-Understanding)

For adults seeking diagnostic clarification for personal understanding rather than external documentation (e.g., workplace, insurance, NDIS, medication). Suited to individuals with limited collateral history and/or no requirement for a comprehensive written report. Output is a clinical opinion letter, not a full report.

| | Clarification | ADHD Exploratory | ASD Exploratory | Complex / Personality |
|--|---|---|--|---|
| Sessions (estimate) | 2-3 | 3-5 | 4-6 | 4-7 |
| Clinical interview | 1 session | 1 session | 1 session | 1 session |
| Structured diagnostic interviews | 1 session (focused) | 1-2 sessions (ADHD-specific diagnostic interview + history) | 2-3 sessions (autism-specific interview + developmental history + masking exploration) | 2-3 sessions (developmental history, relational patterns, diagnostic interview modules) |
| Self-report questionnaires* | Screening questionnaires (selected to presentation) | ADHD-specific + other screening questionnaires | Autism-specific + other screening questionnaires | Broader range of questionnaires (selected to presentation) |
| Informant input | Not typically required | Optional (partner/parent questionnaire) | Optional (partner/parent questionnaire or brief collateral conversation) | Optional (where available and consented) |
| Cognitive testing | No | No | No | No |
| Feedback session | 1 session | 1 session | 1 session | 1 session (60-90 min) |
| Written output | Clinical opinion letter (1-3 pages) | Clinical opinion letter (2-4 pages) | Clinical opinion letter (2-5 pages) | Clinical opinion letter (3-5 pages) |
| Total hours (incl. results scoring, analysis, & writing) | 3-5 hrs | 5-7 hrs | 6-9 hrs | 7-10 hrs |
| Fee range | \$810 - \$1,350 | \$1,350 - \$1,890 | \$1,620 - \$2,430 | \$1,890 - \$2,700 |

Diagnostic & Comprehensive Pathways

For individuals who require formal diagnostic documentation, comprehensive assessment for access to services (e.g., NDIS, workplace accommodations, medication), or detailed psychoeducational reporting. These pathways include standardised testing, informant data, and a full written report.

| | Tier 1: Focused Screening | Tier 2: Diagnostic Assessment | Tier 3: Comprehensive Assessment | Tier 4: Complex / Multi- Domain | Tier 5: Cognitive + Learning |
|--|--|--|---|--|---|
| Sessions (estimate) | 2-4 | 4-6 | 5-7 | 6-8 | 7-10 |
| Initial Intake Session | ✓ | ✓ | ✓ | ✓ | ✓ |
| Clinical interview | Intake + Focused screening | ✓ | ✓ | ✓ | ✓ |
| Structured diagnostic interviews | Optional | ✓ | ✓ | ✓ | ✓ |
| Self-report questionnaires* | Selected screening measures | Screening + condition-specific measures | Screening + condition-specific measures | Broader assessment battery | Broader assessment battery |
| Standardised informant scales* | Optional | ✓ (Usually) | ✓ | ✓ | ✓ |
| Cognitive testing (WAIS-5)* | No | Optional (add on) | Optional (add on) | ✓ | ✓ |
| Academic testing (WIAT-III)* | No | No | Optional (add on) | Optional (add on) | ✓ |
| Feedback session | ✓ | ✓ | ✓ | ✓ (60-90 min) | ✓ (60-90 min) |
| Written output | Brief summary | Standard report | Comprehensive report - standard | Comprehensive report - extended | Comprehensive report - extended+ |
| Total hours (incl. results scoring, analysis, & writing) | 4-6 hrs | 7-9 hrs | 9-12 hrs | 11-14 hrs | 14-17 hrs |
| Fee range | up to ~\$1,600 (+GST) | ~\$1,800 - \$2,400 (+GST) | ~\$2,500 - \$3,200 (+GST) | up to ~\$3,800 (+GST) | \$3,800 - \$4,500 (+GST) |

* Specific tools are selected based on the referral question and your presentation. Standardised diagnostic and assessment instruments used at SANVT. Psychology include (but are not limited to): CAARS-2 and CBRS-2 (ADHD rating scales), BRIEF-2 (executive functioning), SRS-2 (social communication), PAI (personality and emotional functioning), WAIS-5 (cognitive ability), ABAS-3 (adaptive behaviour), and WIAT-III (academic achievement). Your psychologist will explain which tools are recommended and why during the intake session.

Time ranges and fees are estimates based on the \$270 per hour clinical rate. Fees scale with actual hours used. Your psychologist will provide a written estimate before the assessment proceeds.

Standardised Test Administration Fees

Each assessment tier includes a standard set of screening questionnaires completed via NovoPsych at no additional cost. For diagnostic and comprehensive tiers, a base number of standardised diagnostic questionnaires are also included in the tier estimate (typically 1 x self-report and 1 x observer/informant form, where clinically indicated). If additional administrations are needed, for example, a second observer completing the same questionnaire, or an additional measure being added to clarify the clinical picture, these are charged per administration as outlined below.

| Measure | What it assesses | Fee |
|---------------------------|--|------------------------------------|
| BRIEF-2 / BRIEF-2A | A standardised questionnaire assessing everyday executive functioning skills such as organisation, planning, impulse control, and emotional regulation | \$50 per rater, per administration |
| SRS-2 | A standardised questionnaire assessing social communication and interaction patterns, including social awareness, motivation, and restricted/repetitive behaviours | \$50 per rater, per administration |
| CAARS-2 | A standardised questionnaire assessing ADHD-related symptoms including inattention, hyperactivity, impulsivity, and emotional dysregulation in adults | \$50 per rater, per administration |
| CBRS | A standardised questionnaire assessing a broad range of behavioural, emotional, and academic concerns in children and adolescents | \$50 per rater, per administration |
| PAI | A comprehensive self-report questionnaire assessing personality traits, emotional functioning, and clinical symptom patterns | \$50 per administration |
| ABAS-3 | A standardised questionnaire assessing everyday adaptive and independent living skills across communication, social, and practical domains | \$30 per rater, per administration |

Your psychologist will confirm which measures are recommended and included in your assessment estimate during the intake session. Any additional administrations will be discussed and agreed before they are sent.

Optional Add-On: Cognitive, Learning, and Attention Testing

Cognitive, learning, and attention testing may be recommended as an add-on to any assessment tier where it would support diagnostic clarity or provide a fuller understanding of your strengths and challenges.

What is a cognitive assessment?

A cognitive assessment looks at how your brain works: how you take in information, solve problems, remember things, and process what you see and hear. It can help explain why some things feel easy while others feel harder than they should, and whether patterns like slower processing speed or stronger verbal skills might be contributing to difficulties with attention, organisation, or learning.

What is a learning assessment?

A learning assessment looks at how you perform in key academic areas like reading, writing, spelling, and maths. When paired with a cognitive assessment, it can show whether there is a gap between your ability and your achievement, which is how conditions like dyslexia (persistent difficulties with reading and writing) or dyscalculia (persistent difficulties with maths) are identified.

These tests are administered in person by your psychologist using specialised equipment and standardised procedures. Fees reflect clinician time, specialist expertise, copyrighted test materials, and equipment costs.

| | WAIS-5 | WIAT-III | WISC-5 † | TOVA † |
|--|-----------------------|--|--|--|
| Type | Cognitive assessment | Learning and individual achievement assessment | Cognitive assessment (ages 6-16) | Continuous performance / attention test |
| Testing session | ~2 hours | ~2 hours | ~2 hours | ~1 hour |
| Scoring, interpretation + additional report writing | ~1.5-3.5 hours | ~1.5-3.5 hours | ~1.5-3.5 hours | ~0.5-1 hour |
| Estimated total fee | ~\$945-\$1,485 (+GST) | ~\$945-\$1,485 (+GST) | ~\$945-\$1,485 (+GST) | ~\$405-\$540 (+GST) |
| Availability | ✓ Available | ✓ Available | † Not currently offered. Planned for future expansion. | † Not currently offered. Planned for future expansion. |

Testing sessions are billed at the respective assessment rate. Some cognitive tests may take 2 hours, some may need up to 3 hours, or some may need to be split across two sessions (scheduled no less than 5-7 days apart), in which case an additional full or partial session fee may apply. Medicare does not provide rebates for testing sessions or report writing. Some private health insurers may offer partial cover.

Cognitive and learning testing can also be added at a later date.

For best results, testing is ideally completed within several months of the original assessment, as having all information gathered within a similar timeframe allows your psychologist to interpret findings together and build a more accurate and integrated picture of your strengths and challenges.

If a longer period has passed (6-12+ months), some previously completed questionnaires may need to be re-administered to ensure the information is still current, and an additional session may be needed to review whether your circumstances or presentation have changed. This may incur additional fees.

Upgrading the exploratory pathway:

All exploratory assessments may be extended to a fully comprehensive diagnostic assessment, if required (e.g., for external purposes).

If the assessment is extended within 6 months of initial assessments, the work completed in the exploratory pathway (interview data, questionnaire results, clinical observations) carries forward so you do not repeat what has already been done (unless significant symptom changes were noticed).

If the assessment is extended within 6-12 months, you may be asked to repeat some self-report questionnaires to update the report with more recent psychometric results.

If the assessment is extended after 12+ months, and depending on the condition under investigation, you and your informants may be required to repeat several assessment measures.

3. Assessment Scheduling & Cancellations

Assessment Testing Session Cancellations

Assessment testing sessions (e.g., cognitive or psychometric testing) require significant preparation and scheduling, and require you to be well enough to perform at your best. Cancellation terms for testing sessions differ from standard therapy and clinical interview sessions.

- More than 72 hours' notice: No cancellation fee applies.
- 36 to 72 hours' notice: 50% of the scheduled session fee applies.
- 24 to 36 hours' notice: 75% of the scheduled session fee applies.
- Less than 24 hours' notice or non-attendance: The full scheduled session fee applies.

If you are unwell on the day of a testing session, please contact SANVT. Psychology as soon as possible. Your psychologist may recommend rescheduling to ensure test results are valid and reliable. Where rescheduling is due to illness, the late cancellation fee will be waived on provision of a medical certificate from a registered health practitioner within 48 hours of the cancelled appointment. If a medical certificate is not provided within this timeframe, the applicable cancellation fee will apply.

Medicare and other funding bodies do not provide rebates for cancelled or non-attended sessions.

Lateness

If you arrive late, we will proceed with the remaining time. Additional time may require rescheduling and additional fees.

Report Release

If the account is in arrears, reports and letters cannot be released until paid in full.

Turnaround & Urgent Requests

- Expected turnaround: Reports are usually completed within 3 to 4 weeks of the last testing appointment.
- Urgent timelines (under two weeks) may be possible and attract a priority loading (depending on urgency and length, this may range from \$285 to \$320 per hour).
- In rare circumstances (e.g., if further collateral information is required, or due to unforeseen events such as clinician leave or illness), report completion may take longer. If this occurs, you will be notified as early as possible and advised of time and fee estimates.

4. Access to Results & Records

- You will receive a plain-language feedback session and a written report (if included in the package).
- Raw test materials and proprietary scoring forms are professional records and are not released; however, summaries and results are provided within the report.
- If new, material information is provided after the report and feedback session is finalised, an addendum can be prepared upon request, billed at the hourly rate.
- On written request, raw psychometric data can be released to another registered Psychologist, Psychiatrist, or other appropriate health professional, but not directly to clients, in line with publisher and ethical guidelines.

5. Digital Systems & Privacy

Assessment records, test results, and reports are stored securely in Halaxy and NovoPsych in line with the Privacy Act 1988 (Cth). These platforms are compliant with Australian privacy and data protection laws and used by SANVT. Psychology as part of its standard, paperless clinic operations.

Additional digital tools may be used from time to time to support clinical documentation, administrative processes, or resource development. No client-identifiable information is shared with third parties outside of the systems named above, except with your consent, where required by law, or where information has been de-identified. All systems comply with the Privacy Act 1988 (Cth) and Australian Privacy Principles.

For full details on confidentiality, privacy, record-keeping, and your rights, please refer to the Welcome Information & Informed Consent Pack (Section 5: Confidentiality & Privacy).

6. Scope & Medico-Legal Use

- SANVT. Psychology does not provide medico-legal assessments or court reports in the treating role. If a court later compels a report, it is billed at \$320 per hour due to the extensive review and documentation required. Independent medico-legal referral options can be provided if needed.
- All assessment procedures and professional conduct at SANVT. Psychology are guided by the Psychology Board of Australia's Code of Conduct for Psychologists (2025), APS Code of Ethics (2014), and relevant privacy legislation.

7. Consent & Acknowledgement

This Assessment Consent Pack applies to all assessment services at SANVT. Psychology. By providing digital consent via Halaxy, you confirm that you have read, understood, and agree to the information in this document.

This consent is provided in addition to (not in replacement of) the general Welcome Information & Informed Consent Pack, which covers all services at SANVT. Psychology.

If you have questions, please raise them in session or email hello@sanvt.com.au before proceeding.

This is the SANVT. Psychology Assessment Information & Consent Pack (v2.0; current as of March 2026).

The latest version is always available via Halaxy, www.sanvt.com.au, or on request.