SANVT.
PSYCHOLOGY with Dr Nat

October 2026

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SANVT. Psychology

Assessment Information & Consent Pack

October 2026

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Please Note

This document is designed to help you understand what's involved in an assessment and what to expect. It provides essential information about assessment pathways, packages and fees, and your rights as a client. It applies where an assessment is conducted or more comprehensive supporting documentation is required. Please read it carefully and clarify questions prior to your first session via email to hello@sanvt.com.au or bring your questions to your first session.

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1. Assessment Process

Assessment sessions are billed at $270 per clinical hour (concession: $230 per hour) and are GST-free. The assessment report is billed at the same hourly rate plus GST: $297 per hour including GST (concession: $253). Report preparation includes scoring, analysis and interpretation of your results, integration of all the information gathered, and writing your formal report with recommendations. Depending on your assessment, recommendations commonly address treatment, practical strategies, and adjustments or accommodations at work or in study.

Your estimated hours and costs are provided in writing before your assessment proceeds. Changes to the assessment scope or estimated fees are discussed and agreed before additional chargeable assessment work proceeds. Separate urgent safety-related clinical work is addressed under the additional-work provisions in the Welcome Information & Informed Consent Pack. Report work is billed in 15-minute increments, as described in the Welcome pack. Questionnaire and materials fees remain the listed final prices.

All assessment pathways begin with a one-hour Initial assessment session. We discuss your concerns, assessment goals, suitability and the proposed assessment plan before deciding how to proceed.

Assessment session fees current as of October 2026

Item	Time	Standard	Concession	After-hours
Initial assessment session	60 min	$270	$230	$320
Standard interview	60 min	$270	$230	$320
Extended interview	75 min	$340	$295	$410
Complex interview	90 min	$410	$345	$490
Testing session	90 min	$410	$345	$490
Testing session	120 min	$540	$460	$640
Testing session	180 min	$810	$690	$940
Reports, letters and documentation (including GST)	Per hour	$297	$253	Not applicable

Pathway estimates below use the standard or concession hourly rates. Any after-hours appointment or different session length is shown in your individual written estimate.

Assessment session fees include routine coordination: questionnaire set-up, standard reminders and follow-up with agreed informants. Substantial additional clinical assessment work is charged at $270 per hour, or $230 at the agreed concession rate, and separately agreed non-clinical administration is $38.50 per hour including GST. Proposed additional assessment work and its estimated cost are discussed and agreed before it proceeds. The same work is never charged twice.

Staged billing

- **During the assessment: appointment fees follow the disclosed appointment-day payment arrangements. Materials are either included in your assessment package or billed separately, as outlined in your written estimate before the assessment begins. Materials are billed during the assessment or report stage, as specified in your estimate.**
- **Before report preparation: a 50% assessment report deposit, calculated on the estimated report fee, is due before writing begins.**
- **By the feedback session: the actual report fee, less the 50% assessment report deposit already paid, plus the feedback session fee, is due unless another payment arrangement has been agreed.**
- The 50% assessment report deposit is credited towards the report fee, not added to it. Final invoices reflect the agreed appointment fees and chargeable report time, billed in 15-minute increments, within your estimate. Changes to the assessment scope or estimated fees are discussed and agreed before additional chargeable assessment work proceeds. Payment plans may be arranged by agreement.

Moving from therapy into assessment

If assessment work begins during an existing course of therapy, the assessment plan and fees will be discussed and agreed with you before that work proceeds. Relevant information already gathered in therapy is used where appropriate. Your written estimate will show the work already completed, what has been paid, and what remains. Assessment rates apply prospectively as agreed; earlier therapy sessions are not retrospectively repriced.

Medicare rebates

Attended initial assessment, interview and feedback sessions may be eligible for a Medicare rebate where you have a valid referral and all claiming requirements for that service are met. Young people under 25 referred by a paediatrician or psychiatrist may be eligible for specific Medicare items for complex neurodevelopmental assessment; please ask whether this applies to you. Medicare rebates are not generally available for the testing and separately charged report preparation described here. Some assessment services may qualify under specific Medicare pathways. Eligibility, referral requirements and the particular service must be checked before any rebate is confirmed. Where a session is bulk-billed, no additional charge applies to that session.

Private health funds

Some may provide partial rebates. Please check your policy coverage with your private health fund.

What an assessment involves

Part of the assessment	What it involves
Initial assessment session	Discussing your concerns, background and goals, whether an assessment is right for you, and which assessment would best answer your questions.
Client interviews	Exploring your experiences in more detail, including when difficulties began, how they affect you, and other possible explanations. Structured diagnostic interviews may be used.
Self-report questionnaires	Screening questionnaires help identify areas worth looking at more closely. Diagnostic questionnaires add evidence about particular difficulties. No questionnaire gives a diagnosis on its own.
Collateral information	Questionnaires completed by someone who knows you well, an interview with a parent, partner or other informant, and review of school reports, previous assessments and other relevant records.
Cognitive or academic testing	Where indicated, in-person testing of thinking and reasoning abilities, or of academic skills such as reading, writing and maths.
Assessment report	Scoring, analysis and interpretation, integration of all the information gathered, and your formal report with recommendations.
Feedback session	Explaining the findings, any diagnosis or remaining uncertainty, recommendations and next steps, with time for your questions.

2. Assessment Pathways

SANVT. Psychology offers a range of assessment pathways to match your referral question, goals, and level of documentation required. All assessments begin with an intake session, during which your psychologist will recommend the most appropriate pathway for your needs.

Assessment pathways are not bookable online. All assessments are discussed and planned during the intake session.

Why assessments vary

No two assessments are quite the same. The time involved depends on the questions we are trying to answer, how many conditions are being considered, how much history needs to be explored, whether other possible explanations with similar features need to be considered, and what the report will be used for. Your estimate is built from the parts your assessment actually needs.

Each estimate covers the whole assessment, from your Initial assessment session through to your report and feedback. Where areas of assessment overlap, shared interviews, questionnaires and report work are counted once. These are estimates based on the agreed plan, not fixed-price packages. In our experience, most assessments fall towards the lower end of the range.

Standard assessment

A Standard assessment clarifies mental health concerns such as anxiety, depression or OCD, and informs treatment.

Standard	
Initial assessment session	1 hour
Client interviews	3 to 4 hours
Screening questionnaires (NovoPsych)	Included
Collateral interview	Optional, add-on
Formal documentation	
Assessment report	3 to 4 hours
Feedback session	1 hour
Estimated total	**Approximately $2,245 to $2,810 (concession $1,910 to $2,395)**

Comprehensive assessments

The ADHD, Autism and Personality estimates below each include:

- an Initial assessment session;
- about 2.5 hours of background and clinical history interviewing, including other possible explanations;
- screening questionnaires;
- about 2.5 hours of report integration;
- a feedback session of 1 to 1.5 hours.

Each focus area then adds the following.

Focus area	ADHD	Autism	Personality
Focus-specific interview	DIVA, 1.5 to 2.5 hours	2 to 3 hours	2 to 3 hours
Self-report questionnaires	CAARS-2, BRIEF-2A ($50)	SRS-2, BRIEF-2A ($45)	PAI with interpretive report ($90)
Observer questionnaires (one observer)	CAARS-2, BRIEF-2A ($50)	SRS-2, BRIEF-2A ($45)	Optional, add-on
Collateral interview	0.5 to 1 hour	1 to 2 hours	1 hour (recommended)
Formal documentation			
Assessment report: focus-specific scoring, interpretation and write-up	1.5 to 2.5 hours	1.5 to 2.5 hours	1.5 to 2.5 hours

Estimated totals

	Total hours	Standard	Concession
Comprehensive: ADHD	10.5 to 13.5	Approximately $3,045 to $3,880	$2,610 to $3,320
Comprehensive: Autism	11.5 to 15	Approximately $3,305 to $4,275	$2,830 to $3,655
Comprehensive: ADHD + Autism	14.5 to 19.5	Approximately $4,180 to $5,585	$3,580 to $4,780
Comprehensive: Personality	11.5 to 14	Approximately $3,305 to $4,005	$2,830 to $3,425

How these estimates work

- ADHD + Autism counts the BRIEF-2A, the history interviewing, report integration and feedback once. Its collateral interview is 1.5 to 2 hours, and its focus-specific report work is 2.5 to 4.5 hours, because developmental history is gathered and written once.
- Clinical interviews such as the DIVA, NetSCID-5 modules and clinician-designed interview schedules are part of the session fee.
- Time spent reviewing relevant school reports, previous assessments and other background records is included in the assessment report allowance, unless additional work is identified and agreed in your estimate.
- Additional observers, questionnaires or sessions are only added with your agreement, and each is itemised in your estimate.
- Feedback usually takes 1 hour for a Standard assessment and 1 to 1.5 hours for a comprehensive assessment. Where the findings or recommendations are complex or extensive, your psychologist may recommend additional time. This is always discussed with you first and reflected in your estimate.
- Questionnaire and materials fees are the listed prices. Approximate assessment totals are calculated from those fees and the estimated clinical work, then rounded up to the next $5. Invoices use the agreed appointment fees, chargeable report time, and the questionnaire and materials fees for what was used. This rounding applies only to estimates, not to how time is billed.

When an assessment involves more than one area

Some assessments need to consider several possible explanations at once. These estimates are tailored to your combination of questions. They are not calculated by adding complete assessment prices together, because shared history, questionnaires, interviews, feedback and report work are counted once.

Illustrative examples, not actual client cases:

- **Susie** wants to understand whether her lifelong difficulties with focus and organisation are ADHD, and she has also experienced depression. Her assessment combines the ADHD interviews with a focused mental health interview, sharing the same history, feedback and report.
- **Sarah** is exploring both ADHD and autism, and finds reading and writing harder than expected. Her assessment uses the ADHD + Autism pathway, with cognitive and academic testing added during the assessment.
- **Jasmine** has a long history of intense relationships and mood changes, alongside possible autistic traits. Her assessment combines personality and autism interviews, with the PAI and SRS-2, and one report bringing it all together.

Missing information from your childhood?

A formal diagnosis usually draws on information about what you were like growing up, for example from a parent or family member, or old school reports. If that is not available, you can still be assessed. We will discuss the available information, any limits on the conclusions, and whether screening or a fuller assessment best suits your questions and goals.

Questionnaire Prices

Screening questionnaires completed via NovoPsych are included. The diagnostic questionnaires recommended for you are listed in your written estimate. The prices below apply per form, per person completing it. Your estimate identifies the forms already included in your pathway total and any additional forms.

Measure	What it covers	Price per form
CAARS-2 (Conners' Adult ADHD Rating Scales, 2nd ed.)	ADHD features in adults	$20
BRIEF-2A / BRIEF-2 (Behavior Rating Inventory of Executive Function)	Executive functioning in everyday life, such as planning, organisation, working memory and managing emotions	$30
SRS-2 (Social Responsiveness Scale, 2nd ed.)	Social interaction and communication, and restricted or repetitive behaviours	$15
ABAS-3 (Adaptive Behavior Assessment System, 3rd ed.)	Everyday practical, social and conceptual skills	$20
CBRS (Conners Comprehensive Behavior Rating Scales)	Behavioural, emotional and academic concerns in children and adolescents	$25
PAI (Personality Assessment Inventory), with interpretive report	Personality, mental health symptoms and related areas of functioning	$90

Questionnaire fees cover the questionnaire and its scoring platform. Your psychologist's scoring, interpretation and write-up are part of the assessment report. Specific tools are selected based on your assessment questions and presentation, and your psychologist will explain which are recommended and why.

Cognitive and Learning Testing

What is a cognitive assessment?

A cognitive assessment looks at how your brain works: how you take in information, solve problems, remember things, and process what you see and hear. It can help explain why some things feel easy while others feel harder than they should, and whether patterns like slower processing speed or stronger verbal skills might be contributing to difficulties with attention, organisation, or learning.

What is a learning assessment?

A learning assessment looks at how you perform in key academic areas such as reading, writing, spelling and maths. Results are considered alongside your developmental and school history, previous support and other relevant information to understand persistent learning difficulties, including whether a specific learning disorder such as dyslexia or dyscalculia may be present.

Cognitive testing is not automatically included in an ADHD or autism assessment. It is added where it answers a cognitive or learning question, and it does not diagnose ADHD or autism. These tests are administered in person by your psychologist using specialised equipment and standardised procedures.

	Cognitive only	**Comprehensive: Cognitive & Learning**
Initial assessment session	1 hour	1 hour
Client interviews (developmental and school history)	Covered in your Initial assessment session; further interviewing where needed	1 to 2 hours
Collateral interview	Optional, add-on	1 hour
Cognitive testing (WAIS-5)	About 2 hours	About 2 hours
Academic testing (WIAT-III)	Not applicable	3-hour booked block
Testing materials	$180 to $200	$370 to $400
Formal documentation		
Assessment report	2 to 3 hours	4.25 to 6 hours
Feedback session	1 hour	1 to 1.5 hours
Estimated total	**Approximately $1,855 to $2,175 (concession $1,610 to $1,880)**	**Approximately $4,065 to $5,020 (concession $3,520 to $4,335)**

Adding testing to another assessment

	At the time of your assessment	Added later (within about 6 months)
Cognitive testing	Approximately $1,020 to $1,190 (concession $895 to $1,040)	Approximately $1,855 to $2,175 (concession $1,610 to $1,880)
Cognitive and academic testing	Approximately $2,540 to $2,790 (concession $2,220 to $2,440)	Approximately $3,375 to $3,775 (concession $2,930 to $3,275)

At the time of your assessment: testing shares the existing interviews, feedback session and report. It adds the testing time, the materials, and scoring and write-up of about 1 to 1.5 hours for the WAIS-5 and 1.75 to 2 hours for the WIAT-III.

Added later: this is individually estimated. Depending on what is already available, it may include a review session (1 hour), testing, a feedback session (1 hour) and an addendum to your report (2 to 3 hours for cognitive testing, 3.75 to 5 hours for both tests). Relevant existing information is reused, and only additional work is charged. After about 6 months, some questionnaires may need to be repeated so the information is still current. Your revised estimate would set this out.

Testing materials and appointments

Testing materials include the Q-interactive subtests used and a fixed contribution of $156 for each test towards the annual licence. A three-hour block is booked for WIAT-III administration. If administration finishes earlier, the remaining booked time is used for scoring or related assessment work, and that work is deducted from the report time still to be charged. Some testing may be divided across appointments; timing will be planned according to the assessment requirements and your needs. Medicare rebates are not generally available for testing or separately charged report preparation (see Section 1). Private health cover varies; please check with your insurer. WISC-5 and TOVA are not currently offered.

Your estimate will specify the subtests included and the materials fees. Any proposed changes will be discussed and agreed with you before additional chargeable work proceeds.

Deciding whether to add testing

Your psychologist will explain what the proposed testing could clarify and how it relates to your assessment goals. You can discuss the likely benefit, cost and timing before deciding whether to proceed.

Screening

Screening gives an initial indication of whether a fuller assessment would be worthwhile, or focused information for self-understanding or to share with another treating professional. It is narrower than a comprehensive assessment and does not include the same breadth of interviewing, questionnaires or collateral information. The conclusions depend on the information available. Screening findings may identify areas for further assessment without establishing a diagnosis.

Targeted ADHD screening	
Initial assessment session	1 hour
DIVA interview	1.5 to 2 hours
Screening questionnaires (NovoPsych)	Included
Diagnostic questionnaires	Optional, add-on
Collateral interview	Optional, add-on
Feedback session	1 hour
Estimated session fees	**$945 to $1,080 (concession $805 to $920)**

Written output optional

Written output	**Standard**	**Concession**
No written output	$0	$0
Brief summary (1 to 2 pages), about 1 hour	Approximately $300	$255
Shareable summary or letter (2 to 4 pages), about 1.5 to 3 hours	Approximately $450 to $895	$380 to $760
Fuller report, about 4 to 5 hours or more	From approximately $1,190	From $1,015

Written output is often not needed for screening. Where it is, for example to support treatment planning or a review with a psychiatrist, it is billed at the report rate for the time required. You will receive an estimate before any writing begins.

Moving on to a formal assessment

Screening can be extended to a formal assessment if required. Relevant work already completed is carried forward, and your written estimate will show what additional work and fees are needed.

- If the assessment is extended within 6 months of initial assessments, the work completed in screening (interview data, questionnaire results, clinical observations) carries forward so you do not repeat what has already been done (unless significant symptom changes were noticed).
- If the assessment is extended within 6 to 12 months, you may be asked to repeat some self-report questionnaires to update the report with more recent psychometric results.

- If the assessment is extended after 12+ months, and depending on the condition under investigation, you and your informants may be required to repeat several assessment measures.

3. Assessment Scheduling & Cancellations

Assessment Testing Session Cancellations

Assessment testing sessions (e.g., cognitive or psychometric testing) require significant preparation and scheduling, and require you to be well enough to perform at your best. Cancellation terms for testing sessions differ from standard therapy and clinical interview sessions. Initial assessment, interview and feedback appointments follow the ordinary 48-hour cancellation policy in the Welcome pack.

For initial assessment, client and collateral interview, and feedback appointments, the online booking arrangements and same-week replacement waiver in the Welcome pack apply. Within 48 hours of an appointment, contact the practice directly as online changes are unavailable. A same-week replacement must be available and attended before the ordinary late cancellation fee is waived. Testing appointments remain subject to the graded testing cancellation policy below.

- **72 hours or more: no cancellation fee applies.**
- **36 hours or more, but less than 72 hours: 50% of the agreed appointment fee applies.**
- **24 hours or more, but less than 36 hours: 75% of the agreed appointment fee applies.**
- **Less than 24 hours, or non-attendance: the full agreed appointment fee applies.**

If you are unwell before testing, contact SANVT. Psychology promptly. Where your psychologist determines that rescheduling is clinically necessary because illness could affect valid testing, the late cancellation fee will be waived if a medical certificate from a registered medical practitioner is provided within 48 hours of the cancelled appointment.

Medicare rebates are not available for cancelled or non-attended appointments. Notice is measured back from the scheduled appointment start. Exactly 36 hours falls in the 50% testing band; exactly 24 hours falls in the 75% band. The testing policy applies to appointments identified as testing in your assessment plan, rather than to every extended interview. Applicable funding-scheme rules and the agreed service arrangement take precedence for funded services. Where an approved funding arrangement covers the full session fee, invoices are sent to the funder or plan manager and your card is not charged for that covered service. Self-managed NDIS participants pay the agreed fee and arrange their own reimbursement. A funder declining a charge does not automatically make it payable by you. Any personal payment responsibility will be explained and agreed in advance, subject to the applicable funding-scheme rules. Please confirm approval and your funding or plan-management arrangements before your appointment.

Lateness

If you arrive late, we will proceed with the remaining time. Additional time may require rescheduling and additional fees.

Report Release

Payment for newly commissioned reports and letters follows the agreed written estimate and staged billing arrangements. We will discuss any outstanding balance and payment arrangements with you. These arrangements do not limit your statutory right to request access to existing health information, including information already held in a draft or completed report. If a draft is supplied for checking, you may identify factual errors; the psychologist remains responsible for the clinical conclusions.

Turnaround & Urgent Requests

- **Expected turnaround: reports are usually completed within 3 to 4 weeks after the final assessment appointment and receipt of required information.**
- Urgent report requests requiring completion in under two weeks are subject to availability and prior written agreement. The clinical report rate may be $313.50 to $352 per hour including GST, depending on urgency and scope. Court-compelled documentation is $352 per hour including GST; an agreed urgent court-report rate may be $368.50 to $407 per hour including GST. These are the total hourly rates, not surcharges added on top of the ordinary report rate. Any estimate identifies the rate that applies.
- In rare circumstances (e.g., if further collateral information is required, or due to unforeseen events such as clinician leave or illness), report completion may take longer. If this occurs, you will be notified as early as possible and advised of time and fee estimates.

4. Access to Results & Records

- You will receive a plain-language feedback session and a written report (if included in the package).
- Copyrighted test questions, manuals and proprietary materials are protected. Requests for your own results or response data are considered under the applicable access law, with an appropriate method of access or lawful restrictions explained where necessary.
- If new, material information is provided after the report and feedback session is finalised, an addendum can be prepared upon request, billed at the hourly rate.
- You may request access to your existing health information at any time, verbally or in writing. We will verify your identity and respond within a reasonable period, generally within 30 calendar days. Access will be provided in the manner requested where reasonable and practicable. If a lawful exception applies, we will explain the reasons and available alternatives and complaint options. An unpaid treatment or report account does not remove your statutory access rights. There is no fee for making an access request. Where a permitted access charge applies, clerical preparation, copying and transfer are calculated at $38.50 per hour including GST. Any proposed charge is explained in advance, will not be excessive, and lower-cost access options will be discussed where appropriate. Necessary clinical review and any proposed professional fee are explained separately. A newly commissioned summary or letter is separately estimated at the report rate; you do not have to commission a new summary to access existing information, including information already held in draft or completed reports.

5. Digital Systems & Privacy

SANVT. Psychology uses digital platforms and assistive technology to support clinical and administrative tasks, including record keeping, communications, billing, assessments, and AI-assisted note taking and report preparation. Your psychologist reviews clinical documentation and remains responsible for its accuracy and clinical decisions.

Access to your information is restricted to authorised purposes. Relevant information about storage, service providers and any overseas processing is explained in the Welcome Information & Informed Consent Pack or discussed with you where needed. Material changes to how your information is handled will be communicated, with further consent obtained where required. Information is shared with your consent or where otherwise required or permitted by law.

Video recording for reflective practice and clinical supervision is optional. It allows your psychologist to review their clinical work and discuss it in confidential supervision. Declining or withdrawing consent to video recording does not affect your treatment or access to care. The storage, access, consent and retention arrangements are explained in the Welcome Information & Informed Consent Pack.

For full details on confidentiality, privacy, record-keeping, and your rights, please refer to the Welcome Information & Informed Consent Pack (Section 5: Confidentiality & Privacy).

6. Scope & Medico-Legal Use

- SANVT. Psychology does not provide independent medico-legal assessments or court reports in the treating role. Court-compelled documentation is $352 per hour including GST; an agreed urgent court-report rate may be $368.50 to $407 per hour including GST. Any legally required work is managed according to applicable requirements.
- Assessment procedures and professional conduct are guided by the Psychology Board of Australia's Code of conduct, relevant APS ethical guidance, and applicable privacy and consumer law.

7. Consent & Acknowledgement

This Assessment Consent Pack applies to all assessment services at SANVT. Psychology. By providing digital consent via Halaxy, you confirm that you have read, understood, and agree to the information in this document.

This consent is provided in addition to (not in replacement of) the general Welcome Information & Informed Consent Pack, which covers all services at SANVT. Psychology.

If you have questions, please raise them in session or email hello@sanvt.com.au before proceeding.

This is the SANVT. Psychology Assessment Information & Consent Pack. The latest version is always available via Halaxy, www.sanvt.com.au, or on request.

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